

From: Jerry Mower jerry@cellercise.com
Subject: FW: community
Date: Oct 12, 2020 at 4:22:26 PM
To: Dave Hall davehall@cellercise.com

-----Original Message-----

From: Patricia [REDACTED]
Sent: Saturday, October 10, 2020 6:59 PM
To: Sales <info@cellercise.com>
Subject: community

Hi Dave,

I wanted to know how to join your community. I bought my cellerciser and had to wait for it to be delivered 6 weeks out and I was so eager to get started. I found your original workout with an avitar and have been doing that program the second week out. Initially I found one on youtube for women over 50. I started with that workout and honestly within a few sessions I could see my legs begin to tone up. I was sold on your product after watching many of your videos. You struck me as being very honest and real and even though I was tempted to buy a less expensive rebounder I knew that yours would be of superior quality. What sold me the most was that your feet would not pronate. That made so much sense to me, especially since I have back issues and dealing with some nerve damage and neuropathy.

So as you know there are so many claims in marketing it's hard to believe everything that is being told to you. One part of me was wanting all your claims the cellerciser could do and the other part of me said "too good to be true" But it all made sense to me and I was looking to be able to continue to exercise well into my 80's and

beyond. I am 71 now and in the past I swam laps for over 36 years, consistently. Unfortunately I tore my supraspinatus in my shoulder and the pain stopped my swimming. In my 40 and 50 I was a pretty avid runner and have always loved moving my body. At 69 I entered a bikini competition and got into competitive shape and actually was the only one in my age group. I didn't know it at the time, I thought I would be competing with others my age. So I competed with the 50's and held my own.

So needless to say I have been active and health conscious for many years. But I am not a fool when it comes to wear and tear and that is why I felt that I was going to give your cellerciser a try. I am so excited with the results so far and honestly I started on September 7th the day after it's arrival. Today it is October the 11th and I am just so impressed with the progress I have made in such a short period of time. I found an easy video of yours online of beginning "how to" and then your original work out with the avatar. That is a great work out for me so far but would like to know about the community that you speak of. I can't seem to find the community, I did sign up for your newsletter today it may be there and just didn't know it.

Needless to say I am telling others how wonderful the cellerciser is and my husband has remarked on seeing a difference in my body too. I was doing some functional movements and weight lifting but have concerns about stressing my knee and of course my back. So I have alternated somewhat but your winning the race. I have cut back on the weight lifting and giving your plan more time. How easy is 12 minutes a day to feel and see such a rapid improvement!

Also I would like to mention how Impressed I am with you as a "good

person" I could tell that it just comes across even on line, that was another reason I was willing to take the chance. It was a money investment for me but I can tell you that I am glad that I made that decision. I look forward to getting on and I bounce in the morning when I wake up and before I go to bed most nights. I have stretched and use a Melt Roller in addition to your workout but I have noticed I am not as tight as I was in the mornig when I stretch and roll.

I know that you appreciate feed back and the gentleman I originally spoke with and ordered with is a good man as well . It truly comes across that you have your hearts in the right place. It is so nice to know that people like you are in the market for the right reasons and everything you have said can be experienced in a short period of time. Also I have to say I am not easily impressed with many things and my expectations for my fitness levels are high. That is why I wanted you to know that I am happy with the progress I have seen in a very short period of time. Thank you for being who you are. This is what will let me keep on moving and staying healthy it is a big part of my lifestyle. Much appreciated.

Sincerely,

Patricia